

OEC COURSE SCHEDULE
JUNE 29, 2021 TO NOVEMBER 14, 2021

Date	Chapter	Topic	Pages	Skills	Scenarios
	Reading				
Week #1					
Jun 29- Jul 5	1	Introduction to Outdoor Emergency Care	1 - 22		
	2	Emergency Medical Care Systems	23 - 39		
	3	Rescue Basics	42 - 65		
	5	Moving, Lifting, & Transporting Patients	86 - 112		
6-Jul-21		Zoom Lecture Chaps 1, 2, 3 & 5			
Week #2					
Jul 7 - 12	6	Anatomy & Physiology	114 - 142		
	7	Patient Assessment	144 - 178		
	8	Communication & Transportation	179 -196		
13-Jul-21		Zoom Lecture Chaps 6,7 & 8			
Practical Session #1 - July 17/18					
17-Jul-21					
	9:00	Registration			
	9:30	Q&A			
	10:00	Rescue Basics - Skill Glove Removal		3-1	
	10:45	Break			
	11:00	Anatomy & Physiology Review			
	12:00	Lunch Break			
	13:00	Patient Assessment		7-2 to 6	
	16:00	Wrap-Up			
18-Jul-21					
	9:00	Moving, Lifting & Transportation Demo & Practice		5-1 to 12	
	10:15	Patient Assessment Practice		7-1	
	11:00	Scenarios			2-1; 3-1
	13:00	Wrap-Up			
Week #3					
Jul 14 - Jul 19	9	Airway Management	197 - 222		
	10	Shock	223 -237		
	11	Altered Mental Status	239 - 259		
20-Jul-21		Zoom Lecture Chaps. 9, 10 & 11			
Week #4					
Jul 21-Jul 26	13	Respiratory Emergencies	279 -297		
	15	Cardiovascular Emergencies	311 - 335		
27-Jul-21		Zoom Lecture Chaps. 13 & 15			

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Practical Session #2 - July31/Aug 1					
31-Jul-21					
	9:00	Q&A			
	10:00	Airway Management Skills		9-1 to 5	
	12:00	Lunch			
	13:00	Respiratory Emergency Skills		13-1 to 2	
	14:30	Break			
	14:45	Patient Assessment/Scenarios			10-1, 13-1
	16:00	Wrap Up			
1-Aug-21					
	9:00	Cardiovascular Emergency Skills		15-1	15-1
	10:00	CPR/AED			
	13:00	Skills Testing & Written Test			
Week #5					
Jul 28-Aug 2	4	Triage	68 - 84		
	12	Substance Abuse	261 - 277		
	14	Allergies & Anaphylaxis	299 - 310		
3-Aug-21		Zoom Lecture Chaps 4, 12 & 14			
Week # 6					
Aug 4 -9		Study for Mid-Term (Chaps. 1-15)			
	Aug. 10	Mid-Term Written Test - Online			
Practical Session #3 - August 14/15					
14-Aug-21					
	9:00	Q&A			
	10:00	Triage Scenarios			4-1
	12:00	Lunch Break			
	13:00	Skills - Epi Auto-Injector		14-1	
	14:00	Scenarios			14-1; 14-2
	16:00	Wrap-Up			
15-Aug-21					
	9:00	Airway Management Skills Practice			
	11:00	Scenarios - Patient Assessment - Medical			
	13:00	Wrap-Up			
Week #7					
Aug. 11 - Aug 16					
	16	Gastrointestinal, Genitourinary and Reproductive System Emergencies	337 -354		
	17	Childbirth, Obstetric Emergencies & Sexual Assault	355 - 376		

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17-Aug-21		Zoom Lecture - Chpts. 16 & 17			
Week #8					
Aug 18 - Aug 23	18	Principals of Trauma	377 - 390		
	19	Soft Tissue Injuries and Burns	391 - 432		
24-Aug-21		Zoom Lecture - Chpts. 18 & 19			
Practical Session #4 - August 28/29					
28-Aug-21					
	9:00	Q&A			
	10:00	Patient Assessment - Trauma			
	12:00	Lunch Break			
	13:00	Soft Tissue Injuries Bandaging		19-1 to 2	
	14:00	Skills 19-3 to 19-8		19-3 to 8	
	16:00	Wrap-Up			
29-Aug-21					
	9:00	Patients Assessment - Medical			
	11:00	Patient Assessment - Trauma			
	13:00	Wrap-Up			
Week # 9					
Aug 25 - Aug 30	20	Musculoskeletal Injuries	433 - 508		
31-Aug-21		Zoom Lecture Chapter 20			
Week #10					
Sep 1 - Sep 6	21	Spine, Brain & Nervous System Injuries	509 - 540		
7-Sep-21		Zoom Lecture Chapter 21			
Practical Session #5 - September 11/12					
11-Sep-21					
	9:00	Q&A			
	10:00	Splinting - Upper Extremity		20-1 - 6	
	12:00	Lunch Break			
	13:00	Splinting - Lower Extremity, Boot removal		20-7, 9 - 12	
	15:00	Scenarios			20-1 - 5
	16:00	Wrap-up			
12-Sep-21					

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	9:00	Spinal Immobilization, Helmet Removal		21-1, 2, 3, 4, 6	
	12:00	Scenarios			21-1 - 2
	13:00	Wrap-up			
Week #11					
Sep 8 - Sep 13	22	Face, Neck & Eye Injuries	541 - 562		
14-Sep-21		Zoom Lecture Chapter 22			
Week #12					
Sep 15 - Sep 20	23	Chest Trauma	563 - 582		
21-Sep-21		Zoom Lecture Chapter 23			
Session #6 - September 25/26					
25-Sep-21					
	9:00	Q&A			
	10:00	Assessment of Face Eye & Neck Injuries			
	11:00	Stabilizing Impaled Object in Eye		22-1	22-1, 2
	12:00	Lunch Break			
	13:00	Assessment of Chest Injuries			
	14:00	Management of Chest Injuries & Patient Assessment			23-1, 2
	16:00	Wrap-up			
26-Sep-21					
	9:00	Practical Skills & Scenarios			
	11:00	Vital Signs Practice		7-2, 3, 4, 5, 6	
	13:00	Wrap-up			
Week #13					
Sep 20 - Sep 27	24	Abdominal and Pelvic Injuries	583 - 597		
28-Sep-21		Zoom Lecture Chapter 24			
Week #14					
Sep 29 - Oct 4	25	Cold-related Emergencies	597 - 614		
	26	Heat-related Emergencies	615 - 626		
	28	Altitude-related Emergencies	655 - 668		
5-Oct-21		Zoom Lecture Chpts. 25, 26 & 28			
Session #7 - Oct 9 & 10					
9-Oct-21					
	9:00	Q & A			

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	10:00	Management of Abdominal & Pelvic Injuries			
	11:00	Patient Assessment of Abdominal & Pelvic Injuries			
	12:00	Lunch Break			
	13:00	Practical Skills of Abdominal Injuries			24-1, 2, 3
	14:00	Skills 24-1 Stabilizing Pelvic Injureis		24-1	
	16:00	Wrap-up			
10-Oct-21					
	9:00	Practical Skills			
	11:00	Scenarios			
	13:00	Wrap-up			
Week #15					
Oct 6 - Oct 11	27	Plant and Animal Emergencies	627 - 654		
	29	Water-related Emergencies	669 - 684		
12-Oct-21		Zoom Lecture Chpts. 27 & 29			
Week #16					
Oct 13 - Oct 18	30	Pediatric Emergencies	683 - 716		
	31	Geriatric Emergencies	717 - 736		
19-Oct-21		Zoom Lecture Chpts. 30 & 31			
Practical Session #8 - October 23/24					
23-Oct					
	9:00 AM	Patient Assessment of Pediatric Patients			
	10:00 AM	Patient Assessment of Geriatric Patients			
	11:00 AM	Skills Chapter 21		21-1, 2, 3, 4, 6	
	12:00 PM	Lunch Break			
	1:00 PM	Skills Chapter 10, 13, 20			
	4:00 PM	Wrap-Up			
24-Oct					
	9:00 AM	Scenarios			
	11:00 AM	Skills			
	1:00 PM	Wrap-Up			
Week #17					
Oct 20-25	32	Adaptive Athletes	737 - 766		32-1, 32-2, 32
	33	Behavioral Emergencies & Crisis Response	767 - 784		
26-Oct-21		Zoom Lecture - Chpts. 32 & 33			
Week #18					
Oct 27 - Nov 1	34	Special Operations & Ambulance Operations	785 - 810		
2-Nov-21		Zoom Lecture Chpts. 34			

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REFRESHER WEEKEND 10/30-31					
10.30.21	Saturday	Stop the Bleed, Lift Evacuation, Skills Stations			
10.31.21	Sunday	OEC Refresher Stations			
Evaluation Weekend 11/13-14					
11/13/2021	Saturday	Practice Skills Test, Written Evaluation			
11/14/2021	Sunday	EMR Skills Stations & OEC Practical			