



CHAPTER 24

SKILL GUIDES

Outdoor Emergency Care: A Patroller's Guide to Medical Care, Sixth Edition

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Skill Guide 24-1

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Stabilizing the Pelvis

Objective: To demonstrate ability to apply a pelvic/sheet binding to stabilize a suspected pelvic fracture.			
Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-	-	
Because this is a distracting injury, use Spinal Motion Restriction and apply a C-collar. Prepare the commercial pelvic binder or folded sheet and place it beside the patient on the backboard, or stretcher, that is being used as a litter. Place it where the supine patient's pelvis will be.	1		
Place the binder on the patient: If possible, dig out the snow or material under the pelvis and slide the device under the patient and apply. If not possible then: Perform a bridge lift. Place the patient on top of the sheet or the commercial binder so it is 1 to 2 inches below the iliac crests. Logroll only if absolutely necessary since doing so can cause more internal bleeding.	1		
Fasten the binder: a. If using a sheet, draw the two ends of the sheet together over the symphysis pubis, compressing the hips (greater trochanters) together. Then tie the sheet ends together snugly using an overhand knot. Plastic ties are in some cases better than using an overhand knot if available. b. If using a commercial binder, pull the two ends together snugly in a similar way and Velcro or belt the binder per the manufacturer's directions.	1		

Lift the knees approximately 6 to 8 inches or to a position of comfort and place a blanket or other padded material under the knees prior to strapping the patient down.	1		
Finish securing the patient to the backboard or stretcher.	1		
Lift the patient carefully into the toboggan. Again, a bridge lift is best.	1		
Must receive 6 out of 7 points.			

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID: _____

PASS FAIL