



CHAPTER 13

SKILL GUIDES

Outdoor Emergency Care: A Patroller's Guide to Medical Care, Sixth Edition

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Skill Guide 13-1

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Auscultation of Lung Sounds (8 Locations)

Objective: Demonstrate how to assess lung sounds. (objective 13-9)			
Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-	-	
Listen to the left upper lung lobes anterior (Position 1): place your stethoscope on the left side of the anterior chest 1.5 inches below the middle of the clavicle (midclavicular).	1		
Listen to the right upper lung lobes anterior (Position 2): place your stethoscope on the right side of the anterior chest 1.5 inches below the middle of the clavicle (midclavicular).	1		
Compare the results for Positions 1 & 2.	1		
Listen to the left lower lung lobe anterior (Position 3): place your stethoscope on the left midaxillary line between the 6th and 7th rib and under the armpit.	1		
Listen to the right lower lung lobe anterior (Position 4): place your stethoscope on the right midaxillary line between the 6th and 7th rib and under the armpit.	1		
Compare the results for Positions 3 & 4.	1		
Listen to the left upper lung lobe posterior (Position 5): place your stethoscope on the patient's left upper back between the top of the scapula and the spine, approximately 2 inches below the neck.	1		
Listen to the right upper lung lobe posterior (Position 6): place your stethoscope on the patient's right upper back between the top of the scapula and the spine, approximately 2 inches below the neck.	1		

Compare the results for Position 5 & 6.	1		
Listen to the left lower lung lobe posterior (Position 7): place your stethoscope on the patient's left lower back below the scapula and between the scapula and spine.	1		
Listen to the right lower lung lobe posterior (Position 8): place your stethoscope on the patient's right lower back below the scapula and between the scapula and spine.	1		
Compare the results for Position 7 & 8.	1		
Must receive 11 out of 12 points.			

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID: _____

PASS FAIL

Skill Guide 13-2

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Assisting with a Patient with a Metered-Dose Inhaler

Objective: To demonstrate the process of assisting a patient in the use of a metered-dose inhaler.			
Skill	Max Points	Skill Demo	
Criteria met: Determines the Scene is Safe, Initiates Standard Precautions, Introduces Self & Obtains Permission to treat/help	-	-	
Check to make sure you have the correct medication for the correct patient. Check the expiration date. Ensure inhaler is at room temperature or warmer.	1		(CPI)
If applicable, remove the oxygen mask. Hand the inhaler to patient. Instruct the patient to hold the MDI upright and place their lips around the MDI tube, maintaining a good lip seal.	1		
Instruct the patient to press the inhaler (assist if necessary) and inhale one puff. Instruct the patient to hold their breath for at least 10 seconds.	1		
Reapply oxygen. After 1 to 2 minutes, have the patient repeat the dose, if order or protocol allows.	1		
Must receive 3 out of 4 points.			

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID: _____

PASS FAIL